

Bereavement Support

The Social Work team provides bereavement support, information and advice to families whose loved one died under the care of North West Hospice. Grief affects different people in different ways and at different times and can bring it whole range of emotions and physical symptoms which can feel overwhelming. The Irish Hospice Foundation have published leaflets that may offer you guidance/ insight into what to expect and how best to take care of yourself during this time. To access these leaflets, please [click here](#)

In light of the COVID-19 pandemic, the Irish Hospice Foundation have also launched new resources to help inform and support people who are bereaved at this time.

To access these leaflets, please click on links below

- [Grieving in Exceptional Times](#)
- [Planning a Funeral in Exceptional Times](#)
- [Helping Children grieve during COVID 19 restrictions](#)
- [Supporting Teenagers to grieve under COVID 19 restrictions](#)
- [Finding ways to help children and young people grieve](#)
- [Acknowledging and coping with grief from a COVID 19 death](#)
- [Planning a funeral when your relative has died from COVID 19](#)